



OTTAWA WEST

GOLDEN KNIGHTS

2009 CONDITIONING CAMP SCHEDULE

PLEASE CHECK WEBSITE OFTEN FOR UPDATES - Revised Sep 2

Event/Level	Date	Time	Location
Orientation Session *	Aug 26 & 27	18:00-18:50	Barbara Ann Scott
<i>* Information session for families and fun on-ice orientation for players who have <u>not</u> previously played competitive hockey. See web site for details.</i>			
Goalie Clinics			
1. Atom/Pee Wee	Sept 7	09:15-11:15	Minto Studio Rink
2. Bantam/Midget	Sept 7	11:30-13:30	Minto Studio Rink
3. If required - TBD	Sept 7	13:45-15:45	Minto Studio Rink
Contact Clinic **	Sept 10	17:00-17:50	Barbara Ann Scott
<i>** Contact clinic required for <u>all</u> Min Pee wee players and Maj Pee wee to Midget players who have not played contact hockey previously (Atom- not applicable)</i>			
Minor Atom ('00)	Sept 3	18:00-18:50	Barbara Ann Scott
	Sept 5	08:00-08:50	McNabb
	Sept 9	18:00-18:50	Barbara Ann Scott
	Sept 11	18:00-18:50	Barbara Ann Scott
Major Atom ('99)	Sept 4	18:00-18:50	Barbara Ann Scott
	Sept 5	18:00-18:50	Barbara Ann Scott
	Sept 9	19:00-19:50	Barbara Ann Scott
	Sept 11	19:00-19:50	Barbara Ann Scott
Minor Pee Wee ('98)**	Sept 2	18:00-18:50	Barbara Ann Scott
	Sept 4	19:00-19:50	Barbara Ann Scott
	Sept 5	19:00-19:50	McNabb
	Sept 7	18:00-18:50	Barbara Ann Scott
Major Pee Wee ('97)**	Sept 2	19:00-19:50	Barbara Ann Scott
	Sept 5	19:00-19:50	Barbara Ann Scott
	Sept 7	19:00-19:50	Barbara Ann Scott
	Sept 11	20:00-20:50	Barbara Ann Scott
Minor Bantam ('96)**	Sept 2	20:00-20:50	Barbara Ann Scott
	Sept 4	20:00-20:50	Barbara Ann Scott
	Sept 5	20:00-20:50	Barbara Ann Scott
	Sept 7	20:00-20:50	Barbara Ann Scott
Major Bantam ('95)**	Sept 4	21:00-21:50	Barbara Ann Scott
	Sept 5	21:00-21:50	Barbara Ann Scott
	Sept 7	21:00-21:50	Barbara Ann Scott
	Sept 9	20:00-20:50	Barbara Ann Scott
Midget ('94,'93,'92)**	Sept 13	20:30-21:20	Sensplex (Direct Energy)
	Sept 15	20:00-20:50	Barbara Ann Scott
	Sept 16	21:00-22:20	Barbara Ann Scott
	Sept 18	18:00-18:50	Barbara Ann Scott